Indirect modification of patient behavior with instructions, bonus contingencies, and training programs applied to nursing aides.

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AB In an effort to indirectly develop appropriate behavior in 2 psychotic inpatients (35 and 46 yrs old), several procedures were used to modify the behavior in 2 nursing aides. Following an initial baseline period, a series of conditions was imposed on aides involving instructions, monetary bonus, and behavior change programs. During baseline, interactions between each aide and the patient subsequently assigned to him virtually were nonexistent. Instructions produced slight temporary changes in aide behavior, but there were no changes in patient behavior. The instructions plus bonus contingency produced an increase in aide-patient interactions and a clear change in the behavior of 1 patient. When aide training in the implementation of written behavior-change programs was added to instructions and bonus contingency for the 1st patient-behavior, abrupt changes in aide and patient behaviors were observed in both dyads. Subsequently, these results were replicated successfully with the 2nd patient-behavior, which increased for the 1st time for both patients.