

# Facilitating and debilitating test anxiety and academic achievement.

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AB Administered the Alpert-Haber Achievement Anxiety Test to 426 college students. 57 male and 140 female Ss were also given the Suinn Test Anxiety Behavior Scale, and 108 male and 121 female Ss were also given the Test Anxiety Scale. The results indicate a significant Sex-of-Student effect for facilitating test anxiety as well as a different factor structure for male and female responses to the Achievement Anxiety Test. Males reported more facilitating test anxiety, while females reported more debilitating test anxiety. Classification of Ss into either facilitators or debilitators resulted in a significant Sex-of-Student effect for cumulative GPA. Further analysis revealed that the type of test anxiety and the sex of the student were related.